



Many families.
One community.

Project Self-Sufficiency



The Early Years: 1986 – 2006



1987 – 1994

- Founded in 1987
- Location: A janitor's closet at Sussex County Vo-Tech
- Employees: 2
- Later moved to a small building on school grounds
- Funding Sources –
 - NJ Department of Education
 - NJ Division on Women
 - Tricky Trays
 - Road Rally

1994 – 2006

- Relocated to 8 Hampton House Road (Route 206)
- Second Location added on Spring Street: The Career Center
- Computer Labs
- Later moved to a small building on school grounds
- Funding Sources –
 - NJ Department of Education
 - NJ Division on Women
 - NJ Department of Human Services
 - County of Sussex
 - 4 Annual Fundraising Events (*Project 100, Taste of Talent, Golf, Clay Shoot*)



A New Era: 2006 - 2018

PSS & DCF

- New Jersey creates the Department of Children and Families
- PSS becomes the Sussex County Family Success Center in 2007
- PSS launches its first home visitation program, Healthy Families

The Capital Campaign

- As PSS adds new programs to become more holistic in scope, the need for a new facility emerges
- Purchased property in 2004
- Initiated Campaign in 2005/2006 – raised \$10.5 million
- Construction of the new PSS campus completed in 2008

Expansion

- Parents as Teachers added as a second home visitation program
- Nurse-Family Partnership joins the roster of PSS home visitation services
- In 2015, PSS becomes the Central Intake provider for Sussex and Warren as well as the Sussex County Council for Young Children lead agency
- In 2016, PSS becomes a New Jersey Youth Corp site



PSS Today



Project Self-Sufficiency Today

- Mill Street Campus opened September 2008
- Four buildings housing counseling and case management, career training, education, child care and community activities
- 2,500 families served annually
- 80+ county residents employed by PSS
- Added PSS Journey, a mobile service unit
- Funding Sources –
 - NJ Department of Children and Families
 - NJ Division on Women
 - NJ Department of Education
 - NJ Department of Labor
 - 3 Annual Fundraising Events (*Project 300, Taste of Talent, Clay Shoot*)
 - The Annual Campaign
- Affiliations & Memberships–
 - NJ Displaced Homemaker Network
 - Sussex County Human Services Advisory Council
 - Sussex County Council of Service Agencies
 - Sussex-Warren Breast Health Taskforce
 - Sussex County Council for Young Children
 - Sussex-Warren Home Visitation Advisory Board





Project Self-Sufficiency's Mission

For **33 years**, Project Self-Sufficiency has empowered vulnerable families to achieve stability and self-sufficiency through comprehensive programs that build self-confidence and self-reliance.



Career Training & Employment

Services for unemployed and underemployed workers, designed to increase skills and confidence for stable living wage employment.

- Career Counseling/Assessment
- Computer Training
- Resume Writing
- Job Search
- Interview Preparation
- New Jersey Youth Corps
- Campus 2 Campus



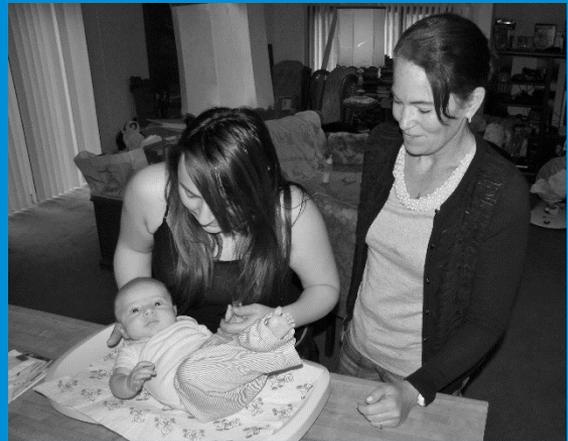
Case Management, Counseling & Support

Designed to go hand-in-hand with Career Training, these programs help individuals overcome barriers to accessing training and education



- Individual & Group Counseling
- Legal Assistance
- Hunger Relief
- Emergency Basic Needs Assistance
- Family Strengthening Services
- Working Woman's Wardrobe
- Transportation Assistance
- Health Education





Evidence-Based Home Visitation

Social workers or nurses come into the home to offer help with maternal health, child development, parenting, etc.

- Nurse-Family Partnership
- Parents as Teachers
- Healthy Families
- Monthly Mommy Parties
- Baby Box Program
- Diaper Donation Program



Community Strengthening Programs

Programs to increase communication and collaboration between community members and service providers



Sussex-Warren Central Intake

One call center to connect residents with local resources for healthcare, parenting, veteran's services, education, training & more

Project Sussex Kids: County Council for Young Children

Bringing together parents of young children and the entities that serve them – schools, pediatricians, social services, churches, community groups, and others – to improve outcomes for children birth through eight



PSS Journey: Opportunity on the Move

Project Self-Sufficiency's mobile service unit, making stops in designated high need municipalities throughout Sussex and Morris Counties. Journey is equipped with onboard computer labs and WIFI for computer training and job search, a counseling area, and space for donations of diapers and formula, food and clothing items.



Little Sprouts Early Learning Center

Providing high quality on-site care to enable parents to engage in training and education and to obtain and maintain employment

- Creative Curriculum®
- Open 6:30 a.m. to 6:30 p.m. with evening hours for classes
- Subsidized slots
- Separate outdoor play areas for preschoolers and toddlers
- Special Preschool Programs – Weed & Read Gardening Series

Each year,
Project Self-Sufficiency
transforms the lives of
2,500 families

For
33
years

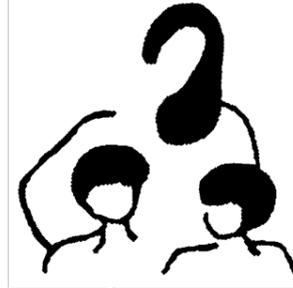
Project Self-Sufficiency has provided a host of resources and services that offer independence, hope and opportunity to low-income individuals and families.



More than
25,000 neighbors
have built self-sufficiency and family stability since 1987



More than
30,000 children
have benefited from our programs and services



Many families.
One community.
Project Self-Sufficiency

“Because of the caring staff at Project Self-Sufficiency and the feeling that I was a part of something, I believed for the first time that I could really succeed. Slowly but surely, without even knowing it, PSS helped build my self-esteem, the piece of the puzzle that was missing.”

-CC, Age 27

“Thank you so much for your help and efficiency. This service is a godsend that I didn’t even know existed. I’m so appreciative that there are representatives at Project Self-Sufficiency who extend such concern. It’s beautiful how you help people who are really in need. It’s a relief.”

-PD, Age 61

“I know I am a much stronger woman and a much better mother today because of Project Self-Sufficiency. What I think is most important about PSS is that they never gave me a handout, never did things for me, but instead taught me how to do for myself.”

-MA, Age 36