Giving Thanks for a Generous Community

We are grateful for the exceptional organizations, businesses, and individuals who brightened the holidays for local families! This year, Project Self-Sufficiency distributed more than 500 Thanksgiving meals—complete with frozen turkeys and all of the fixings—to families in need. Many thanks to the incredibly generous donations from our magnanimous supporters!

Thousands of children were served by the 2021 Season of Hope Toy Shop. This monumental feat would not have been possible without overwhelming support from our Board of Directors, hard-working staff, dedicated volunteers, and community partners. Thirty-six local schools participated in the Stuff the Stocking contest, and toy donations were made by hundreds of people, businesses and organizations. Musicians performed holiday tunes for all to enjoy.

Thank You!

You Graduated from High School—Now What?

“Bridges” Helps Young Parents & Parents to Be

Pregnant and parenting young adults, ages 18—24, are invited to check out the new Bridges program! Get help with: Identifying Career Paths — Parenting Skills — Career Training & Employability Skills — Case Management & Counseling — Transportation & Childcare.

Bridges—to Employment & Beyond

We’ll help you get the trainings and certifications you need to become the best working parent you can be.

New Jersey Youth Corps Underway

The New Jersey Youth Corps high school equivalency and employment skills training program for Sussex & Warren County high school drop-outs, ages 16—25, helps students achieve their dreams. Need a diploma or know someone who does? Check it out! Starts March 7th!

Office Skills Training Program for Women

Higher Opportunities for Women Starts in March!

Boost your confidence, brush up on your computer skills and get helpful tips about resume-writing, interviewing and more!
Join us for a discussion of the issues surrounding Positive & Adverse Childhood Experiences (PACES) at Project Self-Sufficiency!

Intensive ACES education—Impact on the Brain—Information, Educational Videos, Peer-to-Peer Interaction—Tips and Strategies for Building Resiliency—Featured Trauma Expert Presenters and Topics

Appropriate for parents and providers raising and teaching school-aged children. Pizza provided; advance registration required. Also available by Zoom. Call 973-940-3500 to sign up.

Mondays @ 5:30 p.m.
- Connections Matter (Zoom) January 24
- Connections Matter (Zoom) February 7
- PACES Presentation (In Person & Zoom) February 28

Connections Matter is a program funded by the NJ Department of Children and Families and led by Prevent Child Abuse NJ designed to engage providers, parents and community members in building caring connections to improve resiliency. Learn how to prevent Adverse Childhood Experiences and trauma and demonstrate how caring connections serve as a primary buffer in the negative effects of trauma.

Free Legal Advice & Education
Consultations ... Get FREE advice from an attorney about divorce, bankruptcy, landlord tenant issues and more over the phone! By appointment only; call 973-940-3500.

Virtual Seminars ... Learn about Family Law, Elder Law, Bankruptcy, Foreclosure, Expungement, Landlord-Tenant issues, and other topics without leaving the comfort of your own home! Meetings take place via Zoom; call 973-940-3500 for log-in details.

Campus 2 Campus—College IS for You!
Campus 2 Campus is a partnership between PSS and Sussex County Community College designed to help non-traditional students take the next step towards college and a career. Get help with your decision—even if you’re not sure you are ready.

Schedule during Open Lab!

What’s New at Project Self-Sufficiency?

See You on the Road!

PSS Journey is now joined on the road by The Food Project, Nourishing our Neighbors! Look for the free computer help, food, diapers, and other assistance available in a community near you!

Netcong, 10am—noon
- January 11, 25;
- February 8, 22
Hopatcong, 1—3pm
- January 11, 25;
- February 8, 22
Vernon, 10am—noon
- January 12, 26;
- February 9, 23
Franklin, 1—3pm
- January 12, 26;
- February 9, 23

Help for Expectant & New Parents
Explore the range of family support services at Project Self-Sufficiency! Get free parenting tips, baby items, information about childhood health, and other topics from certified nurses or professional family support workers. Services for mother and child help boost literacy levels, address health issues, and highlight potential developmental delays. Women who are pregnant or parenting infants, as well as those with children up to the age of three are eligible. Available to income-eligible residents of Sussex, Hunterdon and northern Warren counties.
To learn more, call 973-940-3500, or visit www.projectselfsufficiency.org.

Need a High School Diploma?
Be sure to check out the New Jersey Youth Corps at Project Self-Sufficiency. Designed for young adults, ages 16—25, who have not completed high school. Receive test preparation assistance, career guidance, free childcare, and transportation.

The 16-week program launches March 7th!

Follow Us on Facebook!
facebook.com/PSSJourney

The Food Project
Project Self-Sufficiency
Netcong, 10am—noon
Hopatcong, 1—3pm
Vernon, 10am—noon
Franklin, 1—3pm
Home Visits Help Parents of Young Children

Women who are pregnant or parenting a young child can receive regular consultations from a nurse or certified family support worker via online video platforms, phone or in a safe, socially distant setting at home or in a public place through one of the three Home Visit Programs offered by Project Self-Sufficiency in Sussex, Warren and Hunterdon counties. The visiting professionals provide support, education and counseling on health, behavioral and self-sufficiency issues.

To find out more about the home visitation programs at Project Self-Sufficiency, call 973-940-3500.

Virtual Mommy Parties!

Meet other women like you! Our monthly Mommy Parties have gone virtual! Get the latest information about household safety, parenting, health and wellness, and other topics. Enjoy fun activities and crafts with your child.

Join the Fun!

Wednesdays, January 12 & February 9
English, 11am, Spanish, el mediodía

Need Help with Utility Bills? Oil-Gas-Propane-Electricity

You may be eligible for financial assistance for your utilities through the following programs: LIHEAP, USF, NJSHARES, PAGE, PAAD/Lifeline, and more. Clients who receive the USF (Universal Service Fund) benefit may be eligible to earn unlimited forgiveness on past due electric and natural gas balances by making full, on-time payments on current monthly charges for 12 months under the Fresh Start program. Local residents who need assistance with their utilities are invited to call Project Self-Sufficiency at 973-940-3500 for help.

Get Connected!

Pregnant or parenting young children?
Stay up-to-date on PSS news through our social media designed just for you!

Nurse Family Partnership
Facebook: www.facebook.com/NurseFamilyPartnership
Instagram: @nfp_at_pss

Next Step Helpline
Facebook: https://www.facebook.com/NextStepHelplineatPSS/
Instagram: @NextStep_pss
Twitter: @NextStepatPSS
Blog: https://nextstephelpline.blogspot.com/

Project Sussex Kids
Facebook: www.facebook.com/ProjectSussexKids
Instagram: www.instagram.com/project_sussex_kids/
Twitter: @SussexKids
Website: www.projectsussexkids.org
Blog: http://projectsussexkids.blogspot.com/
What’s Happening at the Sussex County Family Success Center?

Helping all families find their path to success!
Visit [www.sussexcountyfamilysuccesscenter.org](http://www.sussexcountyfamilysuccesscenter.org) for more information.

Virtual Programming all Week Long!

**Motivation Monday with Therapist Diane Lang**
Learn how to stay positive, get help with anxiety, stress, loneliness, self-esteem; explore other topics, too.
*Mondays, 2:00 p.m.*
- The Best Way to Start a New Year, January 10
- Top Five Tips for Mindfulness, January 24
- How to Build Resilience from Within, January 31
- Benefits of Letting Go, February 7
- Accepting Things That Can’t be Changed, February 14
- Knowing When to Leave a Relationship, February 28

**Women’s Support Group**
Share your experiences with other women; get tips on coping, time management, meeting everyday challenges; offer feedback to others in similar situations, and more!
*Mondays, January 3, 10, 27, 31; February 7, 14, 28, 7:00 p.m.*

**Workforce Wednesday with Career Center Staff**
Learn how to build a resume; discuss interview skills; address on-the-job issues and workplace topics with Career Center staff.
*Wednesdays, 1:00 p.m.*
- Resumes & Cover Letters, Jan. 5 & Feb. 2
- Virtual Job Searching, Jan. 12 & Feb. 9
- Interviewing Skills, Jan. 19 & Feb. 16
- First Day on the Job, Jan. 26 & Feb. 23

**Parenting Support Group with Therapist Diane Lang**
Gain insights, share frustrations and success stories with other parents.
*Wednesdays, January 5, 12, 19, 26; February 2, 9, 16, 23, 7:00 p.m.*

**Ages & Stages Information Session**
Discuss developmental milestones for your young child and learn how to access an online tool to connect with resources for support.
*Thursdays, January 6, 20; February 3, 17, 3:00 p.m.*

**Enough Abuse Workshops**
Teens and adults are invited to learn about the prevention of child sexual assault at free training sessions offered by the Enough Abuse Campaign, a cooperative effort of Prevent Child Abuse New Jersey, Project Self-Sufficiency and the Sussex Warren Partnership to Prevent Child Sexual Abuse. Learn to recognize and prevent child sexual abuse and increase awareness of safe practices for potential victims.
*Wednesdays, January 19, February 16, 3:00 p.m.*

**Health Equity**
A Community Health Worker will discuss how factors like socioeconomic status and ethnicity can impact your health and result in healthcare disparities. Learn how to advocate for yourself and your family.
*Thursdays, January 13, 27; February 10, 24, 3:00 p.m.*

**Breast Cancer Support Group**
Breast cancer survivors are invited to share their stories and gain support at a virtual Breast Cancer Survivor Support Group. Discuss coping strategies and gain insights in a supportive setting.
*Tuesdays, January 11, February 8, 2:00 p.m.*

**Celebrate with Us!**

**Martin Luther King Day**, January 13 @ 2:00 p.m.
**Valentine’s Day**, February 10 @ 4:00 p.m.
**Weekly Career Seminars**

*Our weekly career seminars can now be accessed online!*  
Contact Project Self-Sufficiency for log-in information.  
*Individual appointments available following each seminar*

**Resumes & Cover Letters**  ... Work on your resume and cover letter with our Career Center staff! Get feedback about writing style, content, and more!  
**Mondays, 1:00 p.m.**  
January 3, 10, 24, 31; February 7, 14, 28

**Job Searching**  ... Learn how to conduct a productive job search using a variety of resources.  
**Tuesdays, 1:00 p.m.**  
January 4, 11, 18, 25; February 1, 8, 15, 22

**Workforce Wednesday/Job Club Support Group**  
Use this group to boost your reach! Review current leads for employment, get feedback from other job seekers, discuss the process and get support. Occasional guest speakers, too!  
**Wednesdays, 1:00 p.m.**  
January 5, 12, 19, 26; February 2, 9, 16, 23

**Networking & Social Media**  ... Learn now to maximize your job search by creating a linked In profile, managing your professional identity on social media, and building a professional network.  
**Thursdays, 1:00 p.m.**  
January 6, 13, 20, 27; February 3, 10, 17, 24

**Career Success & Financial Management**  ... Discuss smart strategies for advancing your career. Learn how to create a budget and stick to it!  
**Fridays, 11:00 a.m.**  
January 7, 14, 21, 28; February 4, 11, 18, 25

**Open Employment Lab**  ... Meet with Career Center staff in person or on Zoom to work on individual career needs: Build your resume, review your cover letter, participate in a mock interview, and get help with your computer skills.  
**Campus 2 Campus**  
Campus 2 Campus is a partnership between PSS and Sussex County Community College designed to help non-traditional students take the next step towards college and a career. Offered during Open Lab.  
**Basic Skills Testing—Scholarship Information—Test Anxiety Support—Budget-Friendly Childcare—Application & Financial Aid Forms—Campus Tours—& More!**  
**Mondays & Wednesdays, 2:00—4:00 p.m. or by appointment.**  
January 3, 5, 10, 12, 19, 24, 26, 31; February 2, 7, 9, 14, 16, 23, 28

**Mock Interviews**  ... Meet with Career Center staff over Zoom to participate in a practice, virtual interview.  
*By appointment only.*  
*Call to discuss your preference for in-person or Zoom meeting.*
Keeping Families Together

Keeping Families Together is a supportive housing program providing housing vouchers, case management and clinical services in Sussex and Morris counties.

We are looking for prospective landlords to partner with us!

Benefits for Landlords

- Staff Available by Phone 24/7
- Consistent On-Time Rent Payments
- Risk Mitigation
- Reduced Vacancy
- Long-term (5 Year) Housing Vouchers
- Education and Support for Families to Become Successful Tenants

Free Legal Assistance & Education

Private Phone Consultations with an Attorney

Project Self-Sufficiency provides FREE legal assistance through our partnership with the IOLTA Fund of the Bar of New Jersey. PSS’s Legal Assistance Program can provide a range of services including individual consultation on the following topics: Family Law, Bankruptcy, Landlord/Tenant, Elder Law, and Expungement. Day & evening phone consultations available. Free, virtual seminars are hosted by volunteer attorneys about Family Law, Bankruptcy, Landlord-Tenant issues, and other topics through the Sussex County Family Success Center.

Bridges—Young Adult Employment Program

Help for Pregnant or Parenting Young Adults

Get the trainings and certifications you need—FOR FREE—so you can get and keep the job YOU WANT!


Bridges helps pregnant and/or parenting moms and dads, aged 18-24, with job training, meeting educational goals, case management, and support.

With funding from the NJ Department of Labor, young moms and dads can take the next steps toward a career!

Monday—Friday, 10:00 a.m.—4:00 p.m.

Warren County Activities

Programs and Services available in Warren County!

Home Visitation Programs

Nurse Family Partnership ... Low-income, first-time mothers are paired with a nurse who visits them throughout the pregnancy and up until the child’s second birthday.

Healthy Families Program ... For expectant parents and parents of infants. Participation in this program can count toward Work First New Jersey required activities.

Next Step Helpline

The Next Step Helpline links Sussex and Warren County individuals and families to the help they need.

Call 973-940-3500 and get help today!

Childcare & Preschool at Little Sprouts

Join Our Little Sprouts Family!

Looking for safe childcare or preschool for your child? Be sure to check out the Little Sprouts Early Learning Center! Fully-staffed, state-of-the-art facility, certified teachers in each classroom, two separate playgrounds, half-day and full-day programs available. Subsidized assistance available to eligible families. All safety protocols taken in accordance with the guidelines provided by the State of New Jersey. Free preschool for Newton, NJ, residents, ages 3 - 4.

Take a virtual tour on our website and be sure to check out our You Tube channel! Call 973-940-3540 to arrange a tour!
Courses and activities are free and available to active Project Self-Sufficiency participants. Contact Project Self-Sufficiency for log-in information.

**Open Lab & Campus 2 Campus — Via Zoom**
Mondays & Wednesdays, 2:00—4:00 p.m.
January 3, 5, 10, 12, 19, 24, 26, 31;
February 2, 7, 9, 14, 16, 23, 28
Or by appointment

**Computer Classes — Via Zoom**
**Microsoft Word**
Mondays & Wednesdays, 10:00 a.m.—12:00 p.m.
January 3, 5, 10, 12, 19, 24, 26
**Microsoft Excel**
Mondays & Wednesdays, 10:00 a.m.—12:00 p.m.
February 2, 7, 9, 14, 16, 23, 28

**Resumes & Cover Letters**
Mondays, 1:00 p.m. — Via Zoom
January 3, 10, 24, 31;
February 7, 14, 28

**Job Searching**
Tuesdays, 1:00 p.m. — Via Zoom
January 4, 11, 18, 25;
February 1, 8, 15, 22

**Job Club/Workforce Wednesday — Via Zoom**
Wednesdays, 1:00 p.m.
January 5, 12, 19, 26;
February 2, 9, 16, 23

**Networking & Social Media — Via Zoom**
Thursdays, 1:00 p.m.
January 6, 13, 20, 27;
February 3, 10, 17, 24

**Career Success & Financial Management — Via Zoom**
Fridays, 11:00 a.m.
January 7, 14, 21, 28;
February 4, 11, 18, 25

**Testing**
CASAS, Work Readiness, Accuplacer
Fridays, 9:30 a.m. - 12:30 p.m.
January 7, 14, 21, 28;
February 4, 11, 18, 25

**Courses and activities are free and available to active Project Self-Sufficiency participants. Contact Project Self-Sufficiency for log-in information.**

### What’s Happening at Project Self-Sufficiency

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
<th>Time</th>
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<tbody>
<tr>
<td><strong>New Jersey Youth Corps</strong></td>
<td>Monday—Friday, 10:00 a.m.—4:30 p.m.</td>
<td>Register now for the March start date!</td>
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<tr>
<td><strong>Bridges to Employing Youth</strong></td>
<td>Monday—Friday, 10:00 a.m.—4:00 p.m.</td>
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<tr>
<td><strong>Higher Opportunities for Women</strong></td>
<td>Tuesdays &amp; Thursdays, 9:30 a.m.—3 p.m.</td>
<td>Register now for the March start date!</td>
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<tr>
<td><strong>Mommy Parties</strong></td>
<td>Wednesdays, English, 11:00 a.m. &amp; Spanish 12:00 p.m.</td>
<td>January 12 &amp; February 9</td>
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<td><strong>Family Success Center</strong></td>
<td>Motivation Monday with Therapist Diane Lang</td>
<td>Mondays, 2:00 p.m.</td>
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<td><strong>Women’s Support Group</strong></td>
<td>Mondays, 7:00 p.m.</td>
<td>January 3, 10, 24, 31; February 7, 14, 28</td>
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<td><strong>Workforce Wednesday with Career Center Staff</strong></td>
<td>Wednesdays, 1:00 p.m.</td>
<td>January 5, 12, 19, 26; February 2, 9, 16, 23</td>
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<td><strong>Parent Support Group with Diane Lang</strong></td>
<td>Wednesdays, 7:00 p.m.</td>
<td>January 5, 12, 19, 26; February 2, 9, 16, 23</td>
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<td><strong>Ages &amp; Stages Information Session</strong></td>
<td>Thursdays, 3:00 p.m.</td>
<td>January 6, 20; February 3, 17</td>
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<td><strong>Health Equity Presentation</strong></td>
<td>Thursdays, 3:00 p.m.</td>
<td>January 13, 27; February 10, 24</td>
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<td><strong>Breast Cancer Support Group</strong></td>
<td>Tuesdays, 2:00 p.m.</td>
<td>January 11 &amp; February 8</td>
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<td><strong>Enough Abuse Workshops</strong></td>
<td>Wednesdays, 3:00 p.m.</td>
<td>January 19 &amp; February 16</td>
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### Legal Education

**Legal Consultations**
Day and evening phone consultations available by appointment.

**Legal Seminars — Via Zoom**
- **Bankruptcy**, January 13
- **Family Law**, January 20, February 17
- **Landlord/Tenant**, February 24

### Project Sussex Kids

**Steering Committee Meeting**
Wednesday, January 12, 10:00 a.m.

**General Council Meeting**
Wednesday, January 19, 10:00 a.m.

### PACES

**PACES Stakeholder Group Meeting**
Monday, 10:00 a.m.
January 10

**Pizza & PACES**
Mondays, 5:30—8:30 p.m.
January 24; February 7, 28

### Looking Ahead

- **Higher Opportunities for Women**, March
- **New Jersey Youth Corps**, March
- **Career Fair**, March
- **PSK Sussex/Warren/Hunterdon Home Visitation & Early Childhood Joint Advisory Board Meeting**, March
Amy F., The sun shines after a storm ... Rhiannon D., Keep up the amazing work. Wake up to a smile a day ... Vicky C., Congratulations on the birth of your son ... Christine E., So happy you joined our program ... Paulina D.C., Felicitaciones ... Lisa B., We are here to support you ... Eliana D., Eres una mama fuerta y dulce ... Maryali C-M., Eres muy especial con tu misma ... Sunnie T., Congrats on your daughter beginning school ... Yennyfer R-R., Sigues siempre adelante ... Heather B., Great job supporting your son’s speech development ... Cristina C., Keep up the great work and be patient ... Veronica M., Hope to hear from you soon ... Tanya C., We are here to support you ...

... Maribel H-C., Sigues siempre hace adelante ... Christina B-C., Eres alegre y una mujer amable ... Julia O., Todo es posible, estes postiva ... Sarah P., Felicitaciones por todos tus logros ... Nelsi G.A., Espero verte pronto ... Evelyn S., Un dia positivio siempre esmejor ... Tiffani N., You are a wonderful mother ... Eman E., Congratulations on your graduation! Best of luck ... Cassandra M-B., Small steps can result in a big outcome ... Magalys C.D.L.R., Sigues siempre adelante ... Dalitza C., Great job working on getting healthier ... Dagmara K., Your positive outlook makes a positive life ... Wendy G., Sonrie siempre ... Erika Y., Eres una inspiracion ... Urennaya O., Congrats on heading back to work ... Clara G., Sigues siempre adelante ... Siham A., Keep up the hard work. We are here to support you ... Sarah B., Best of luck with your job search ... Erin C., Congratulations on the new job ... Amber D., Welcome to the Healthy Families program ... Sofia M-P., Puedes luchar tu meta. Eres un mujer alegre ... Patricia P., Sigues luchando por todo ... Kerri S., It’s good to have a great day ... Audrey S., You are doing great ... Odilia M., Sigues siempre adelante ... Jillian L., Great job with multi-tasking ... Olga J. A., Sigues siempre adelante ... Victoria P-L., Todo es a su tiempo ... Martha A., Sigues haciendo lo mayor para ti en todos tus metas ... Sofia M-P., Puedes hacer lo que tu mente quiere ... Briana B.,Thinking of you and wishing you a healthy and happy pregnancy ... McKenzie O., Miss you! Hope we can reconnect soon ... Brianna B., Congratulations on your new home ... Ashley H., You are a wonderful mother ... Taci F., Joining our program will help you be the best mom you can be ... Maira D-R., Your baby girl is growing so well. You’re doing a great job, mama ... Samantha H., Welcome to our program. Looking forward to lots of visits with you ... Aileen I., You’ve had to make some tough choices, but it sounds like they are paying off ... Celina L., You keep clearing those hurdles. Give yourself a pat on the back ... Kori B., You’re an awesome mom and so completely devoted ... Keana E., Any time now, you’ll be loving your new addition ... Areli M., You’re a super girl, keeping up with school, work, and being a full-time mommy ... Cassandra B., Happy first birthday to your baby boy ... Sarah S., You’ve embraced motherhood and are doing a great job ... Kate N., Your son is a vision of picture-perfect health and happiness, all due to you ... Frances S., So happy you returned to school! Keep up the good work ... Estrella R., Your baby girl is so lucky to have you as her mommy ... Hope F., You make motherhood look so easy ... Elizabeth L., Be patient. The right job will come your way ... Carol D.G., Happy graduation! Hope to see you in our PAT program ... Kaylie H., Can’t believe you are graduating from our program! You will be missed ... Chelsie C., Welcome aboard ... Venedixta H., Sigues siempre adelante ... Sonia E., Remember, the sky is the limit ... Alexandra S., Follow your dreams ... Paola M.T., Sigues siempre adelante ... Samantha A., Sigues siempre adelante ... Jeonit G., You are doing great ... Cindy S-R., Sigues siempre adelante ... Natalia O., Eres un super mama ... Cessia R-M., Sigues siempre adelante ... Evan O., Sigues siempre adelante ... Tania D.L.C., Sigues siempre adelante ...
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**Project Self-Sufficiency Events, January 2022**

- **AGENCY CLOSED**

- **BEY, 10am – 4pm**
  - NJYC, 10am – 4:30pm
  - Open Lab 2-4pm
  - Women’s Support Group, 7pm
  - Open Lab 2-4pm
  - Job Club/Workforce Wednesday, 1pm

- **HOW, 9:30am – 3pm**
  - Open Lab 2-4pm
  - Job Club/Workforce Wednesday, 1pm

- **NJYC, 10am – 4:30pm**
  - Open Lab 2-4pm
  - Women’s Support Group, 7pm
  - Open Lab 2-4pm
  - Job Club/Workforce Wednesday, 1pm
  - Ages & Stages, 3pm

- **Testing, 9:30am – 12:30pm**
  - NJYC, 10am – 4:30pm
  - Word 10am – 12pm
  - Parent Support Group, 7pm

- **Family Law, 6pm**
  - Enough Abuse, 3pm
  - Parent Support Group, 7pm

- **Motivation Monday, 2pm**
  - Open Lab 2-4pm
  - Job Club/Workforce Wednesday, 1pm

- **Open Lab, 2-4pm**
  - Parent Support Group, 7pm

- **Resumes & Cover Letters, 1pm**
  - Breast Cancer Support Group, 2pm
  - Job Club/Workforce Wednesday, 1pm

- **Enough Abuse, 3pm**
  - Parent Support Group, 7pm

- **Pizza & PACEs, January 24, 5:30pm**
  - Women’s Support Group, 7pm

- **Women’s Support Group, January 24, 5:30pm**
  - Open Lab 2-4pm

- **Women’s Support Group, January 24, 7pm**
  - Open Lab 2-4pm

- **Women’s Support Group, January 24, 7pm**
  - Open Lab 2-4pm

- **Women’s Support Group, January 24, 7pm**
  - Open Lab 2-4pm

- **Women’s Support Group, January 24, 7pm**
  - Open Lab 2-4pm
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<th>Sunday</th>
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<td></td>
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<td>1 HOW 9:30am — 3pm BEY, 10am — 4pm NYJC, 10am — 4:30pm Job Searching 1pm</td>
<td>2 BEY, 10am — 4pm NYJC, 10am — 4:30pm Excel, 10am — 12pm Job Club/Workforce Wednesday, 1pm Open Lab 2 — 4pm Parent Support Group, 7pm</td>
<td>3 HOW 9:30am — 3pm BEY, 10am — 4pm NYJC, 10am — 4:30pm Networking &amp; Social Media, 1pm Ages &amp; Stages, 3pm</td>
<td>4 Testing, 9:30a — 12:30pm BEY, 10am — 4pm NYJC, 10am — 4:30pm Career Success &amp; Financial Management, 11am</td>
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<td>7 BEY, 10am — 4pm NYJC, 10am — 4:30pm Excel, 10am — 12pm Resumes &amp; Cover Letters, 1pm Motivation Monday, 2pm Open Lab 2 — 4pm Pizza &amp; PACES, 5:30 — 8:30 pm Women’s Support Group, 7pm</td>
<td>8 HOW 9:30am — 3pm BEY, 10am — 4pm NYJC, 10am — 4:30pm Job Searching 1pm Breast Cancer Support Group, 2pm Family Law, 6pm</td>
<td>9 BEY, 10am — 4pm NYJC, 10am — 4:30pm Excel, 10am — 12pm Mommy Party, 11am, English Fiesta de mamá, 12 pm, Espanol Job Club/Workforce Wednesday, 1pm Open Lab 2 — 4pm Parent Support Group, 7pm</td>
<td>10 HOW 9:30am — 3pm BEY, 10am — 4pm NYJC, 10am — 4:30pm Networking &amp; Social Media, 1pm Health Equity, 3pm Valentine’s Day Celebration, 4pm</td>
<td>11 Testing, 9:30a — 12:30pm BEY, 10am — 4pm NYJC, 10am — 4:30pm Career Success &amp; Financial Management, 11am</td>
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<td>18 Testing, 9:30a — 12:30pm BEY, 10am — 4pm NYJC, 10am — 4:30pm Career Success &amp; Financial Management, 11am</td>
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<td>AGENCY CLOSED</td>
<td>22 HOW 9:30am — 3pm BEY, 10am — 4pm NYJC, 10am — 4:30pm Job Searching 1pm</td>
<td>23 BEY, 10am — 4pm NYJC, 10am — 4:30pm Excel, 10am — 12pm Job Club/Workforce Wednesday, 1pm Open Lab 2 — 4pm Parent Support Group, 7pm</td>
<td>24 HOW 9:30am — 3pm BEY, 10am — 4pm NYJC, 10am — 4:30pm Networking &amp; Social Media, 1pm Health Equity, 3pm Landlord/Tenant, 6pm</td>
<td>25 Testing, 9:30a — 12:30pm BEY, 10am — 4pm NYJC, 10am — 4:30pm Career Success &amp; Financial Management, 11am</td>
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Many Families
One Community
Project Self-Sufficiency

Parents of Kids Birth to Age 5!
Are you curious about how your child is developing for his/her age?

Did you know ...

There’s a **FREE online tool**
to help you check – and connect you with resources to support your child’s development?

Sussex County Residents:
English: [https://www.asqonline.com/family/74ef7a](https://www.asqonline.com/family/74ef7a)
Spanish: [https://www.asqonline.com/family/c1567c](https://www.asqonline.com/family/c1567c)

Warren County Residents:
English: [https://www.asqonline.com/family/e977b8](https://www.asqonline.com/family/e977b8)
Spanish: [https://www.asqonline.com/family/052b8c](https://www.asqonline.com/family/052b8c)

Go to one of the web sites above and enter your child’s birth date. You’ll be directed to the right tool for your child’s age range. Once you complete it, a Central Intake Specialist from Project Self-Sufficiency will reach out to explain your child’s score and connect you with any community resources you might need!

It’s all free for any Sussex or Warren County parent!

Questions? Call PSS at (973) 940-3500 or visit us online!

[www.projectselfsufficiency.org](http://www.projectselfsufficiency.org)
Little Sprouts

Day Care, Preschool & Pre-K

Little Sprouts is a fully licensed day care and preschool facility for children age 6 weeks through 6 years.

Competitive Rates—Convenient Hours & Location—Quality Education using The Creative Curriculum—Caring, Professional Staff—All New, State-of-the-Art Facility

Visit us on the web: www.littlesproutsearlylearningcenter.org

Or call (973) 940-3540 for a tour!

Websites:
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www.projectsussexkids.org
www.sussexcountyfamilysuccesscenter.org

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Project Self-Sufficiency: https://www.youtube.com/channel/UCgiUhYC6oK56wCwjlOrC3Sw?view_as=subscriber