**PROJECT SELF-SUFFICIENCY**

For over **33 years**, Project Self-Sufficiency has provided a host of resources and services that offer independence, hope and opportunity to low-income individuals and families. More than **25,000 neighbors** have achieved goals of self-sufficiency and family stability since 1987.

**OUR IMPACT**

- **21,000+ adults** participated in computer training sessions.
- **6,000+ job placements**
- **15,000 adults** participated in career assessment.
- **2,300 children** have access to on-site daycare.
- **7,000 families** participated in family strengthening activities.
- **19,000 families** participated in case management & supportive counseling.
- **40,000+ home visits**
- **21,000+ parenting sessions**

These and other programs lead to **stable, intact** and economically **self-sufficient** families.

**WHY IT MATTERS**

Over **7,400 people** in our community live at or below the Federal Poverty Level.

**30% of working households** don’t earn enough to meet basic needs.

**Poverty varies greatly** in our community, with pockets of extreme poverty hidden among areas of relative affluence. For example, the poverty rate for the town of Newton is **14.2%**, versus just **1.9%** in neighboring Sparta.
In any given year, PSS serves an average of 2,500 individuals and families.

Who are they?

- Families living below the Federal Poverty Level
- Individuals struggling with unemployment
- Families who have no permanent housing
- Individuals living with food insecurity
- Families with former or current DCP&P cases

Project Self-Sufficiency has helped me become a mature and independent individual, a responsible and loving mother, and PSS is with me as I prepare to become a productive and contributing member of my larger community.

- Kim, PSS Participant

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